

Jacqueline M. Hellman LMT, RMTI, RPE, RPP

Albuquerque, New Mexico 87110

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www.holisticlighttransformations.com

PROFESSIONAL HOLISTIC STRATEGY & VISION:

My approach to holistic wellness is to provide a safe, nurturing and sacred experience, with the intent to facilitate an enhanced and balanced state of body-mind-spirit. To achieve this I enter into a state of astute attentive presence using a highly developed sense of intuition, along with keen observation and listening skills, in order to discern the client's needs. I then apply the appropriate bodywork skills. The result is a greater sense of emotional, spiritual and physical wellbeing.

CREDENTIALS

New Mexico State License in Massage Therapy (# 1425)
New Mexico State Registered Massage Therapy Instructor (#I-028)
New Mexico State License in Cosmetology (#03951)
Registered Polarity Practitioner
Registered Polarity Educator

Certificate in Transformational Structural Bodywork
Certified Colon Therapist
Licensed Religious Science Practitioner
Natural Therapeutic Specialist (NM)
Holistic Health Practitioner (CA)

EDUCATION

DEGREES HELD: Central New Mexico Community College, Associate of Applied Science, 2009

CERTIFICATION COURSES: 580 hours (1990) Transformational Structural Bodywork; 1000 hours (1978) Natural Therapeutics including Western/Swedish Massage, Polarity, Reflexology, Nutrition, Herbology, Kinesiology, Iridology, Colon Therapy, Acupressure/Shiatsu, Color Therapy, Hydrotherapy, Yoga from New Mexico School of Natural Therapeutics; Certified in Colon Irrigation from Australian Naturopathic School; 1600 hours (1968) Cosmetology. Four year licensure program in Religious Science Practitioner training (2001).

IN-DEPTH TRAINING: multiple trainings in Polarity Therapy with a variety of teachers including, Pierre Pannnetier (Successor of Dr. R. Stone), John Chitty, Jim Said, and Don Cornwell; Cranio-Sacral Therapy Levels 1, 2, & 3; NeuroMuscular Integration and Structural Alignment with Seminar Network International, Brain Gym I, St. Johns Neuromuscular Therapy 1 & 2. Reiki 1st and 2nd Degree, Master & Teacher. Eight years of Re-evaluation Counseling training; three-month residential consciousness growth training with Ken Keyes.

CONTINUING EDUCATION WORKSHOPS: Somato Emotional Therapy (Clyde Ford), Aston Patterning, Counseling Skills for Bodyworkers, Aroma Therapy, Zero Balancing, Myofascial Pain And Dysfunction w/John Harris, Voice Dialogue, Energy Channeling, Acupressure Facelift, Human Energy Field Balancing, Conceptual Foundations of Massage Practice, Psych-K, Inter-personal relations Non-Verbal Comm.

EXPERIENCE

PROFESSIONAL EXPERIENCE

Current since 1992 - *Holistic Light Transformations*: owner, Albuquerque, NM
1990-92 - *Holistic Health Resources*: co-owner, Palm Desert, CA
1989-90 - *Ritz-Carlton* (hotel and resort spa): contractor, Rancho Mirage, CA
1987-90 - *The Hyatt Grand Champions Resort*: employee lead therapist, Indian Wells, CA
1978-87 - private practice in Albuquerque, NM: Private practice included working with Doctors, Chiropractors, Psychologists, Naturopaths and private salons and spas.

TEACHING EXPERIENCE

2008 - *PIMA Medical Institute*: A&P, Deep Tissue Bodywork, Albuquerque, NM
1993-99 - *Crystal Mountain School of Therapeutic Massage*: Deep Tissue Bodywork, Reflexology/Polarity, Energy Awareness, Albuquerque, NM
1997 - *New Mexico Academy of Healing Arts*: Polarity Therapy - RPP certification program, Santa Fe, NM
1995 - *Earth Wise Therapy*: Polarity Therapy - APP program, Albuquerque, NM
1992 - *Higher Knead Apprenticeship in the Healing Arts*: Therapeutic Massage, Albuquerque, NM
1989-94 - *AMTA*: Educational Program Director for membership CEU providers, Palm Springs, CA and Albuquerque, NM
1989-91 - In-service training for psychologists and physical therapists: Palm Desert, CA
1980 - *Breckenridge College*: Introduction to Massage Therapy, Breckenridge, CO.

PROFESSIONAL ASSOCIATIONS

AMERICAN POLARITY THERAPY ASSOCIATION: Certified Polarity Educator
Membership Status: Registered Polarity Practitioner

AMERICAN MASSAGE THERAPY ASSOCIATION:

Offices Held: Past 2nd Vice President, NM Chapter, 1993
Past President (Desert Resorts Unit), CA Chapter, 1991-92
Past Vice-President (Desert Resorts Unit), 1989-90

Positions Served: Education Coordinator Chair, NM Chapter, 1993
Public Relations Officer (Desert Resorts Unit), CA Chapter, 1991-92
Educational Program Coordinator (Desert Resorts Unit), CA Chapter, 1989-92
Local Coordinator for National Convention (Desert Resorts Unit), CA Chapter, 1991
Delegate 48th National Convention, Palm Springs, CA Chapter, 1991

Awards: Unit Service Award (Desert Resorts Unit), CA Chapter, 1991